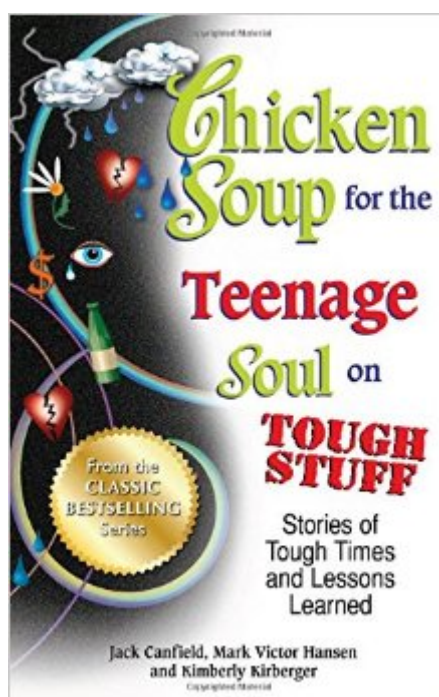


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# Chicken Soup For The Teenage Soul On Tough Stuff: Stories Of Tough Times And Lessons Learned (Chicken Soup For The Soul)



## Synopsis

This latest offering in the best-selling Chicken Soup for the Teenage Soul series explores a host of challenges faced by today's teens. Teen contributors share their thoughts and feelings on difficult issues, ranging from poor self-image to thoughts of suicide, from family discord to coping with the loss, from peer pressure to school violence.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (91 customer reviews)

Best Sellers Rank: #64,083 in Books (See Top 100 in Books) #14 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Inspirational](#) #67 in [Books > Teens > Religion & Spirituality](#) #413 in [Books > Christian Books & Bibles > Christian Living > Self Help](#)

## Customer Reviews

My mom bought this book for my sister, and me. I took more of a liking to it. The book covers a variety of topics... from losing a family member... to standing up for yourself in a tough situation. The stories bring out so many emotions in you. You'll either end up laughing, crying, smiling. Chicken Soup for the Teenage Soul is a great page-turner, and it's hard to put the book down. In each story you get wrapped up in the situation, and it's hard to keep your mind off of it. You get a sense of what the writer was feeling during their situation. This book is definitely moving and emotional. I also recommend "Open Your Mind, Open Your Life: A Little Book of Wisdom" by Taro Gold. Excellent.

This book is really an extension of "Chicken Soup for the Teenage Soul" except this one deals with "the really tough stuff." As a counsellor, this will be one book on my list that will be highly recommended to teens, particularly girls. It is not that the "tough stuff" mentioned here does not happen to boys but teenaged boys, generally speaking, are often more hesitant to put their thoughts

in writing the way most teenaged girls will do. Three topics are found in this book which are truly a sign of our modern times. The first is abuse, that thankfully is no longer a subject to be hidden in the closet. The second is teen depression and suicide, and the third deals with violence in schools. As a counsellor, I have seen first hand the havoc these problems can create. If you are a teen, you will realize that much of this "tough stuff" is universal and you are not alone. It also helps if you are troubled by these issues, to discuss the topic(s) with a parent or trusted, responsible adult with whom you feel comfortable. Teens will be surprised that this is not a book which comes across as a voice of authority but, rather, one that speaks of compassionate understanding. It is highly recommended and, in my own opinion and based on feedback I have received from teens, the book is most deserving of a five-star rating.

I have read two of the other Chicken Soup books and enjoyed them very much. I have a teenager and when I saw this book I thought it would be good since we are all going through "tough times" right now. I sat down when I got home and decided to read a few of the stories and found myself unable to stop. I cried for the girl who was made fun of and I cried for the students who experienced such horror. But mostly I cried because I didn't have such a book to read when I was a teenager. I honestly believe that if I had I would be a different person today. Each and every one of us needs this inspiration. Each one of us needs to remember our hearts and that we are all in this together. This book is a great tool for remembering. I suggest parents read it as well as their teens. I highly recommend it.

Chicken Soup for the Teenage Soul on Tough Stuff was a book I feel all teenagers and for that matter adults should read. It really touched me. At times I cried, and at times I laughed. This book really touched home. It reminded me that no matter how bad my day was, there is someone that has gone through the same thing and maybe worse things that same day. I have all the Chicken Soup for the Teenage Soul books and this is my favorite. I hope others can receive that same joy I received from it. This book like the others will serve as a devotional for me. Each story has some meaning or lesson that will touch home.

The book I'm about to rate is Chicken Soup for the Teenage Soul. I rate this book 5 stars. The reason why I rate it like that is because it's a very good book. It talks about teenagers going through hard times. If you read this book you can probably relate to it. The book is mostly about hard times in life that people go through. There are some stories that talk about loved ones dying and trying to

get over the death. There are some love stories about teenagers and their problems with love. Some stories are heartbreaking and can make you cry. You know how some teens in school do drugs and they end up thinking they are smart enough to do it, it talks about it in the book. Some teens have parent abuse going on in their life and end up killing themselves cause of it. This book is also base on the fact that some teens can't defend themselves on any type of abuse. This is a book that helped past teens that had the same situation. Now today's teens need the help of this book to get them throuhout their lives. Some teens have problems with alcohol. And the other half of the teens have problems with their own best friends. On the back of this book they give you phone numbers and address to get the help they deserve.

I have recently read this book and my first impression was that it was kinda...plain??? This book doesn't have much description, but the stories are ...Spectacular!!! I dont think that 13 year olds like me would benefit from this book, because it's a little...should I say...old?? Even though I enjoyed the book, the authors would lose a lot of readers by only making a Chicken Soup for the Teen's Soul and the Kid's Soul. If I could suggest one thing to the author, I would suggest to make a Preteen's Soul. Also, I would suggest to have more kids write stories instead of the stories always being by either Kimberly or Jack. It would draw more attention to the books if they didn't take kids for granted. If we don't like a book, WE'LL TELL YOU!!!!

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